



Suggested Readings

Bluette, C. (2018, July 18). Can't focus? Addicted to your online world? There's an app for that. *The Conversation*. <https://theconversation.com/cant-focus-addicted-to-your-online-world-theres-an-app-for-that-98951>

Chappel, B. (2018, January 8). Large shareholders ask apple to help wean digital-addicted youths. *NPR*. <https://www.npr.org/sections/thetwo-way/2018/01/08/576541828/large-shareholders-ask-apple-to-help-wean-digital-addicted-youths>

David, A. (2018, January 16). What happens when someone who helped get us hooked on technology defects to the other side? *Medium*. <https://medium.com/thrive-global/what-happens-when-someone-who-helped-get-us-hooked-on-technology-defects-to-the-other-side-aff9f41059d7>

David, L. (2016, January 15). Game reward systems. *Learning Systems*. <https://www.learning-theories.com/game-reward-systems.html>

Haynes, T. (2018, May 1). Dopamine, smart phones and you. a battle for your time. *Science in the News*. <http://sitn.hms.harvard.edu/flash/2018/dopamine-smartphones-battle-time/>

Leslie, I. (2016, October-November) The scientists who make apps addictive. *The Economist*. <https://www.1843magazine.com/features/the-scientists-who-make-apps-addictive>

Li, J. (2019, February 14). The gamification of courtship. *Axios*. <https://www.axios.com/online-dating-swiping-tinder-bumble-hinge-gaming-28f87a88-7227-4ed2-b2b4-04eaa2086d09.html>

Maise, R. (2018, October 1). Games within games. *The Washington Post*. https://www.washingtonpost.com/graphics/2018/sports/gambling-fan-experience/?utm_term=.3068d2bbd722

Mason, S. (2018, November 20). High score, low pay: why the gig economy loves gamification. *The Guardian*. <https://www.theguardian.com/business/2018/nov/20/high-score-low-pay-gamification-lyft-uber-drivers-ride-hailing-gig-economy>

Santana, M. (2018, October 3). Shall we play a game? Hotel workers learn their jobs through gamification. *LA Times*. <https://www.latimes.com/sns-shall-we-play-a-game-hotel-workers-learn-their-jobs-through-gamification-20181003-story.html>

Scheiber, N. (2018, March 11). Lotto tickets are nice, boss, but can I have my bonus? *NYTimes.com*. <https://www.nytimes.com/2018/03/11/business/economy/games-employers.html>

Caution: We strongly advise coaches to screen all publications prior to making them accessible to students. You may also get additional resources from our Facebook page:
www.facebook.com/fpspi